

Casa Palmera Treatment Center
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FOR IMMEDIATE RELEASE

CELEBRATE RECOVERY AT CASA PALMERA

DEL MAR, CA (Sept. 10, 2012) – Casa Palmera Treatment Center, a holistic-based residential behavioral health treatment facility, is opening its doors to the public to welcome alumni, as well as their family and friends, to celebrate continuing recovery and living in good health.

During Casa Palmera’s first annual Alumni Renewal Day Celebration on Saturday, Sept. 22, past patients will share their personal stories of recovery from alcoholism, chemical dependency, eating disorders and trauma, which are “very powerful,” said Casa Palmera CEO Barbara Woods.

“We are continuing to make every effort to connect with our alumni,” Woods said. “It helps keep people connected and strengthens their recovery.”

The event will also feature an awards ceremony and recovery countdown as well as food, raffles and fun activities for children. The open house will be 10 a.m. to 3 p.m., Saturday, Sept. 22, at Casa Palmera, 14750 El Camino Real in Del Mar, Calif. To RSVP, please call 858-481-4411 or email natasha@casapalmera.com.

Casa Palmera specializes in the treatment of alcoholism; drug abuse including cocaine and heroine addiction; eating disorders such as anorexia, bulimia and binge eating; trauma treatment for depression, mood disorders and post-traumatic stress disorder; and dual-diagnosis cases, when a patient has both substance-abuse and mental disorders.

Casa Palmera, which is accredited by the Joint Commission, offers a unique approach to recovery that draws from the best of modern science as well as ancient healing techniques. Casa Palmera’s diverse treatment plans include individual and group therapy, psycho-educational interactive groups and a wide variety of holistic treatments such as yoga, acupuncture, art therapy, meditation and massage.

Casa Palmera’s Alumni Renewal Day Celebration is the perfect opportunity to commemorate National Recovery Month in September. National Recovery Month aims to promote the benefits of prevention, treatment and recovery for substance abuse and mental disorders as well as celebrate people in recovery and the service providers who help make recovery possible.

About Casa Palmera

Casa Palmera in Del Mar, Calif., is a residential behavioral health treatment facility that incorporates the language of recovery, philosophy and psychology, and integrates fitness, wholesome eating, stress management and spiritual reflection into its unique program. Casa Palmera specializes in the treatment of alcoholism, drug addiction, eating disorders, trauma and mood disorders.

For more information, visit www.casapalmera.com.

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